

# Download Introduction To Art Therapy Sources Resources

Art therapy, a hybrid field largely influenced by the disciplines of art and psychology, uses the creative process, pieces of art created in therapy, and third-party artwork to help people in ...The Art of Art Therapy is written primarily to help art therapists define and then refine a way of thinking about their work. This new edition invites the reader to first consider closely the main elements of the discipline embodied in its name: The Art Part and The Therapy Part. The Online Writing Lab (OWL) at Purdue University houses writing resources and instructional material, and we provide these as a free service of the Writing Lab at Purdue. Art therapy for children can provide kids with an easier way to express themselves since children are more naturally artistic and creative. A young child is likely to be more comfortable initially expressing him/herself with some crayons and markers, for example, than he/she is going to be at expressing emotions and feelings through words.